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# Practitioner Sovereignty

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*Ze*  
Emma Romano  
THRIVE IN LIFE  
FOUNDATION

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# Practitioner Sovereignty

The Soul mission of Practitioner Sovereignty is to raise the vibration and frequency of humanity through supporting healers with the most cutting-edge modalities to become Masterful and thriving Practitioners.

This program is a full package:

- From idea
- To how to launch
- To all the processes you need to facilitate world class results with your clients
- To attract consistent high quality paying clients.
- To a life of soul purpose and creating wealth

Practitioner Sovereignty is designed to have you embody all the confidence, skills, tools, and internal resources needed to facilitate real and lasting change with your clients and yourself whilst simultaneously allowing you to create a thriving coaching business.



# *How Practitioner Sovereignty Came to Be:*

**“Practitioner Sovereignty is my life work, and it literally saved my life and so many of my clients and practitioners lives globally.**

After healing myself of Multiple Sclerosis and several other autoimmune diseases in 2014, I was so moved by the power of the coaching and healing industry, I started my own coaching and energy healing business in 2016, because I wanted to help people just like me and show them that there are answers to their healing path.

I found the modalities I had been taught were really great and powerful, but they were somehow missing the mark. There was a gap in the system that needed filling. I noticed these modalities that were available to the world to learn worked for some, and others.... it didn't work so well.

This really sparked my curiosity as to what this missing piece was because I was on a mission to help every soul to the best of my ability that entered my healing space.

**And then I had that ‘one’ client that changed everything....**

I was deep in a process with this client to remove fear and anxiety, which was a very standard process for me and all of a sudden...

This beautiful woman had a very deep adverse reaction to the process... she had regressed into a deep repressed sexual trauma and there was nothing I had learnt from all my years of study & hours in practice to pull her out.

It was at this moment I did the only thing I could do... I surrendered to my higher self and said... ‘Please help me... This is beyond anything I have experienced... Please take over and please help this beautiful soul... I need you now!’

And... My higher self did exactly that!

This was the very moment that **Timeline Reset** was downloaded directly to me, like a bolt of lightning - I will never forget that feeling in my body. All of a sudden, I felt something begin to work through my body as I surrendered to my higher self and I immediately found myself saying and doing things I had never done or heard before, learnt before, or witnessed in a healing session.

I knew something really special had just happened and this was the missing piece that I had been searching for!

**This was the beginning of The Family Freedom Protocol - the foundation of Practitioner Sovereignty, and this is now my signature program for all Practitioners.**

After hundreds of hours of using **Timeline Reset & the Family Freedom Protocol** with global clients and after training dozens of Practitioners in these processes, a **Masters Level** of the **Family Freedom Protocol** was developed which goes deeper into family dynamics, helping the Practitioner to further master themselves and their skills, build their business and work within families and group settings.

I then developed the **Delete Reset** process after years of personally being a prisoner to wine, sugar, carbs, and cigarettes.....

I had tried so many things and paid over \$20,000 in 2 years to stop my daily habit of a bottle of wine a night ..... This was sometimes 2 bottles and then a plate of pasta or McDonalds to sober up.

Nothing was working long term. When I was having a month or two off the addictions, during that time it was a mind torture. I could not stop thinking of what I was giving up and I was in a constant inner turmoil.

I woke up on the 17th of November 2019 and decided to pull all my training and know-how together, and I asked the energy of the highest source to step in and help me.

This was the moment I channelled **Delete Reset** into reality

I have not touched a cigarette or a drop of any alcohol since. I am a super clean eater, I have dropped over 16 kilos and my life has catapulted into a place of self-love, creativity, a thriving career, and wealth I could only have dreamt of. The best part? I don't crave or desire the old shit that was poisoning my system.

And finally the fourth piece to Practitioner Sovereignty emerged, which is **Relationship Sovereignty** and, in my opinion, the most profound relationship therapy available & current on this planet.

**Relationship Sovereignty** was a gift downloaded to me from Mary Magdalene, Mother Mary, St Ann, Quan Yin, Isis & The Dragon Clans I work with because I was once again asking for Divine intervention... The world had been plunged into a Global Pandemic.

I could see the world hurting as it had literally been thrown into panic & chaos and this threw humanity into a relationship crisis...

Because all of a sudden, people were forced to spend more time than ever before with their 'nearest and dearest.' It was nothing short of a pressure cooker!

Any fractures or differences in relationships were pushed to the surface and people were being forced to deal with it whether they wanted to or not!

People had to start dealing with the trauma, hurt & shame that had been bubbling underneath their relationships for often years, because they no longer had anywhere to run and nowhere to hide. It was in their faces 24/7.



And the greatest problem with this was they did not have the resources, tools, or strategies to navigate it effectively. Relationships are hard work at the best of times, but this was extraordinary pressure.

It was continuously reflecting in the clients I was seeing.

This sent me on a new mission to bring the sacred spiritual and heart connection back to all relationships. Relationships where loving communication, love, passion, excitement, understanding, and compassion are the new habits and programs that relationships of all kinds built on.

These four bodies of work make up the entirety of **Practitioner Sovereignty**, it is a complete body of work that not only transforms your life on an individual level, but it also allows you to become one of the most highly skilled facilitators of change on this planet for your clients.

This is my gift to humanity to help create a soul family of practitioners that can confidently facilitate real and lasting change with their clients while thriving in abundance, love, joy, prosperity, and freedom.” - *Emma Romano*



# The Journey:

## The Family Freedom Protocol with Timeline Reset (FFP & TR)

You start by learning Family Freedom Protocol & Timeline Reset.

This is an Online Self-study program to give you the foundations of how to become a confident, effective facilitator of change for your clients. This takes the guessing out of what to do for your clients in each session.

It literally gives you a structured 8 Session Plan with full scripts, education and client handouts and visual learnings, which will take your client from pain point to a thriving life.

This versatility allows you as a practitioner to take these modalities into any area of coaching that really excites you and lights up your heart. The possibilities are endless.

### Family Freedom Protocol & Timeline Reset has been used for:

- Elite Sports stars
- Singers
- Song writers
- Business mentoring
- Mothers
- Fathers
- Children of all ages
- Trauma Healing
- Mindset Coaching
- Stuck Emotions & Limiting Beliefs
- Finding Your Purpose
- Heal Grief

**The list is endless.**

**You can transfer this modality to any situation that excites you.**

Family Freedom Protocol and Timeline Reset is a process you can rely on to get deep results working with the five dimensions for instant, deep and long-lasting results. What are these dimensions?

- Conscious
- Unconscious
- Energy
- Cellular
- Soul/spirit

It takes all the guesswork out and allows you to be there, fully present with your client, in full confidence.



## Family Freedom Protocol & Timeline Reset Consists of:

It is set in a series of short videos and PDFs attached to each video.

You will have these videos and manual forever. It is yours.

Along with the online video training, you also have the opportunity to attend the live 5-Day training of Family Freedom Protocol either in person or join in live online via Zoom.

### *You also get:*

- Full scripting
- Full support
- Full business model
- All client handouts & intake forms
- How to create an 8-session signature program
- Client terms and conditions and coaching agreements
- Client welcome letter & Practitioner File notes
- Timeline Reset is IICT accredited so you can be insured as a practitioner
- Recognition by the International Federation of Hypnosis (yes, on completion, you are invited to be a member of the most prestigious Hypnosis federation of the world)
- 3 x 1-1 support sessions with a Practitioner Sovereignty expert which you can come with personal problems and/or questions about the processes. We hand hold you all the way.
- 2 x session with a Kinesiologist or an energy healer
- Lifetime membership to the support group
- Live group mentoring on the 24th of each month from Emma Romano

**If you have that deep purpose to build an online business and/or a face-to-face career, a career of passion and service this just may be for you. I show you EXACTLY how to create a delicious business with this modality. It is the complete package.**



# Delete Reset The Addiction Healing Program

Delete Reset is the ultimate process for deleting deep core unhealthy habits and addictions.

Delete Reset works with the conscious mind, unconscious mind, energy levels, cellular level, and at a metaphysical level. Finding the deep root cause and removing it from the entire physical and energetic self.

It not only deletes the problem, it also deletes the turmoil in your head around the problem.

After completing Delete Reset, it is 'as if' you have never craved or even eaten or drank or smoked or partaken in the problem or habit.

Because... You will replace the issue with many different healthy alternatives to create inner peace and harmony within your body.

This process is equally effective face-to-face or over zoom.



# Delete Reset - Here's What You Get:

It is set in a series of short videos and PDFs attached to each video.

You will have these videos and manuals forever. It is yours.

- Full video training in the Timeline Reset process, the number 1 process for clearing negative emotions, limiting beliefs and trauma
- Full scripting
- Full support
- Full business model
- All client handouts & intake forms
- Client terms and conditions and coaching agreements
- 30 day support system for your clients
- Certification in Delete Reset
- Lifetime access to the empowering Facebook Group
- Live group mentoring on the 24th of each month
- Buddy to practice with, which keeps you accountable.

# The Benefits and Key Learning Systems

## *Learn How to:*

- Cut Cords, karmic Contracts, Curses
- Opening Spiritual Space for healing
- Use the world-renowned powerful Funnel Process to get to the core of any addiction within only 7 minutes
- Shift your client in the Power v Victim Model
- Understand the deep inner workings of the Unconscious mind & its power to heal
- The neuroscience behind habits and addictions
- Create Deep relaxation with you clients by using powerful hypnotic scripts
- The Dissociation self-hypnosis technique
- Timeline Reset tailored to heal the deep emotions connected to the core issue
- Release of the negative emotions around the addiction
- Heal the Pain point
- The Amygdala Functions and how to create Switch Over from Fear to Love
- Understand the role of the Caudate Nucleus
- Activate new healthy habits easily and with the most success
- Induce Self-Hypnosis
- Dissociation tools
- Invoke Dragon energy to aid the addiction dissolving

## Added Bonus

- Business set up
- Marketing ideas and plans tailored to you
- Pricing
- Magnetising clients
- Social Media Post prompts
- Scripting for 15 minute calls to get your clients over the line
- Troubleshooting with the possible client excuses of not signing up to your program
- Welcome emails to your clients
- Reminder emails and text scripts to your client
- 1 x 1-1 sessions with a Practitioner Sovereignty expert

## Family Freedom Protocol Masters

**Family Freedom Protocol Masters is for the serious practitioner, it catapults you and your clients into a radically new frequency and reality. This is the program designed to make you masterful as a practitioner and stand out to your clients, as the go-to person in your chosen field.**

You will be able to facilitate change with your clients in half the time and work with groups and whole families confidently.

This program teaches you how to do a complete rewiring of belief systems that have been distorting your realities until now and a rewiring of them to a state of thriving in all areas of your life for yourself and your clients.

It is specifically designed to help you heal the deeper layers of your unconscious mind, unresolved trauma and master your personal beliefs systems and emotional landscape for yourself and your clients.

We also go deep into the somatics of the body which allows you to facilitate a space of deep healing in the nervous system.

In this program you learn how to plug the human into the infinite potential of the higher self and quantum field. This is where the magic happens, and manifestations become more instantaneous.

Ultimately, this Program has you become a client magnet because you are an embodiment to the philosophies and practices of The Family Freedom Protocol & Timeline Reset.

This is something your client unconsciously looks for in you as a practitioner because your client wants to know you have already walked a mile in their shoes and came out the other side thriving.

This is the key to eliminating Imposter Syndrome.

Family Freedom Protocol Masters is structured in a way to **ACTIVATE** your business, anchor you deeply in your purpose and take your abundance and time freedom to the next level as a practitioner.





# Family Freedom Protocol Masters Consists of:

- 1 x 4 Day LIVE Event that includes a FULL Day of Business mentoring & Business Activation. (You have the choice to travel to the destination or join from anywhere in the world via zoom. There is no extra cost to attend the in-house live event.)
- A deep breathwork process
- Full emotional support throughout the 4 Day event and continuous group mentoring on the 24th of every month for life.
- You will be given the exact formula on 'how to run' small to large groups in any capacity with LIVE demonstrations & Interventions. (These tools can be transferred to a family setting or a group of 1000 people. The choice is yours.)
- Scripts and a Full scripted Manual
- Client visuals
- Client workbook
- Business systems and templates
- Full Confidence in delivery and knowledge
- Certification in **Family Freedom Protocol, Family Freedom Protocol Masters & Timeline Reset**
- Multiple Live demonstrations & Interventions on how to shift trauma from the body
- Learn how to remove blocks, curses, karmic blocks, hexes, and spells
- Learn to Anchor higher frequencies, so you can live the life of freedom, success, money, heart, and mind freedom for yourself & your clients.
- Facebook Group with lifetime access
- How to create your Soul Tribe, set up your business for success, monetise your following and how to maintain it.
- 3 x 1-1 sessions with a **Practitioner Sovereignty** expert after the event, which you can come with personal problems and/or questions about the processes. We hand hold you all the way in your integration period.

# Relationship Sovereignty

We have been traditionally taught to think about relationships as only with an intimate partner, but in actual fact we live in a relational universe and if we want to master life, love, abundance & fulfillment, then we need to master relationships of ALL kinds.

And... It starts with the most important relationship of all - the relationship you have with yourself.

From here we can then work on how we relate to others, how we create our realities and how we relate to the universe at large.

Relationship Sovereignty is very different to the previous programs, in the way that it is specifically focused on how we relate to the nearest and dearest.

...because let's be honest.. The people closest to us can either enrich our lives beyond imagination or make them a living hell.

Relationship Sovereignty is designed to get into the nitty gritty of how we relate to others and give it a complete overhaul to have you and your clients align to thriving, happy, healthy & loving relationships.

The other stand out feature of Relationship Sovereignty, is it is designed to also activate your own inner genius and enable you to create your own intellectual property.

This will give you the confidence, and the ability to really hone in on your skills and client's needs, and not compare yourself to anyone else.

Because this will be YOUR Program.

Relationship Sovereignty is the ultimate program to create happy, healthy & thriving relationships.

It is very different, and it works

## Over the 5 days of immersion learning to be a Relationship Sovereignty Practitioner, you will master the deep understanding and knowledge of:

- The effects of trauma in the psychology of the mind, nervous system and in our DNA and energy body.
- How Trauma affects reactions, behaviours and habits and leads into deep shame responses.
- The different types of narcissism and the effects on relationships.
- The different trauma types.
- The frequency of agreements.
- How to activate the healing to the above in the most cutting-edge processes that you simply can't learn anywhere else due their??????????????

## Relationship Sovereignty Consists of:

**1x 5 Day Live event** - (You have the choice to travel to the destination or join from anywhere in the world via zoom. There is no extra cost to attend the in-house live event.)

In this jam packed 5-day event you will learn:

- The effects of trauma in the psychology of the mind, nervous system and in our DNA and energy body.
- How Trauma affects reactions, behaviours and habits and leads into deep shame responses.
- The different types of narcissism and the effects on relationships.
- The different trauma types.
- The frequency of agreements, how to dissolve them & create empowering ones.
- A deep group facilitated breathwork session

## In addition to the 5-day LIVE event you will receive:

Full emotional support from my team of experts throughout the 5 Day event and continuous group mentoring on the 24th of every month from Emma Romano for life.

- Demonstrations & Interventions of all processes
- Training Manual
- How to create a high paying signature program
- Certification on Completion
- Creation of your own Intellectual Property
- Private message group with continuous support
- 6 x fortnightly 1-1 coaching sessions with a Practitioner Sovereignty Certified Coach
- 3 x Kinesiology Sessions



## The Benefits and key learning systems you will take away

- How to Heal from toxic relationship behaviours & addictions
- Learn the 4F Defence mechanisms & how they can unconsciously be running your life and messing with your relationships
- 4 Stages of Sex & How to anchor it in its highest expression of love, intimacy & Connection
- How to Run Deep Hypnosis & Record hypnotic inductions for Your Clients
- Overhaul your relationships & learn how to shift them into being anchored into **sovereignty for all parties**
- The power of Rapport, how to establish it, maintain it and collapse it if necessary
- The 3 Factors that run Unconscious relationships
- How to know if you are in the right relationship or not & how to consciously uncouple
- Learn the seven types of narcissism & what to do with them
- Identify & heal the three victim Archetypes
- How to create and maintain interdependent relationships
- Break free of any co-dependant addictions
- Learn the 10 Needs ALL Relationships must have to thrive
- Learn & Heal Masculine & Feminine Energies
- Learn the three Masculine archetypes
- Learn the three feminine archetypes.
- There are so many other beautiful key processes



## *Here are the individual and package prices:*

### **Family Freedom Protocol with TR - \$4,444**

Online Self Study + 4 Day Live training event online or in person

3 x 1-1 sessions with a Practitioner Sovereignty expert

Certification

### **Delete Reset ~ Master Addiction Healer - \$3,333**

Online Self Study

1 x 1-1 sessions with a Practitioner Sovereignty expert

Certification

### **Family Freedom Protocol Masters - \$5,555**

4 Day LIVE Event online or in person

3-month Integration container with full support

3 x 1-1 sessions with a Practitioner Sovereignty expert

Certification

### **Relationship Sovereignty - \$8,888**

5 Day LIVE Event online or in person

3-month Integration container with full support

6 x 1-1 sessions with a Practitioner Sovereignty expert

3 x Kinesiology Sessions

Certification

## *All programs have:*

- Online Membership site that you will have lifetime access
- Live group mentoring on the 24th of each month from Emma Romano
- Lifetime Access to Facebook Support Group

## *Bonus*

- 12-month Online Membership to all Dragon Breath Workshops
- 1 x 1-1 Practitioner Alignment Session with Emma Romano

In summary **Practitioner Sovereignty** is a complete program and the ultimate career path for a practitioner to journey.

# *Practitioner Sovereignty*

Complete Package \$20,000

Finance available for eligible applicants from \$90 a week

# Practitioner Sovereignty

Practitioner Sovereignty Course Options	Value	FFP	TR	FFPM	DR	RS	PS
<b>Family Freedom Protocol &amp; Timeline Reset</b>							
Pre Recorded Trainings that will teach you the in-depth process of Family Freedom Protocol that you will work through at your own pace	\$4,444	x					x
3 x 1-1 sessions with a Practitioner Sovereignty expert	\$1,200	x					x
2 x Kinesiologist sessions or an energy healer	\$360	x					x
IICT accredited so you can be insured as a practitioner		x					x
Recognised by the International Federation Of Hypnosis		x					x
How to Create An 8 Session Signature Program	\$2,000	x					x
ALL Scripts to facilitate successful & transformative Coaching Session	\$1,000	x					x
ALL Business Templates a practitioner requires to set up & run a thriving practice	\$500	x					x
Live group Practitioner & Business Mentoring on the 24th of each month from Emma Romano	\$6,000	x					x
Lifetime membership to the support group	\$1,997	x					x
Timeline Reset Full Program as bonus	\$13,778	x					x
Lifetime access to membership site	\$1,997	x					x
<b>Total</b>	<b>\$33,276</b>						
<b>Timeline Reset</b>							
6x Pre Recorded Trainings that will teach you the indepth process of Timeline Reset that you can work through at your own pace	\$1,297		x				x
IICT accredited so you can be insured as a practitioner			x				x
Recognised by the International Federation Of Hypnosis			x				x
How to Create An 4 Session Signature Program	\$997		x				x
ALL Scripts to facilitate successful & transformative Coaching Session	\$1,000		x				x
ALL Business Templates a practitioner requires to set up & run a thriving practice	\$500		x				x
Live group Practitioner & Business Mentoring on the 24th of each month from Emma Romano	\$6,000		x				x
Lifetime membership to the support group	\$1,997		x				x
Lifetime access to membership site	\$1,997		x				x
<b>Total</b>	<b>\$13,788</b>						
<b>Family Freedom Protocol Masters</b>							
1 x 4 Day LIVE Event or ONLINE LIVE IMMERSION that includes a FULL Day of Business mentoring & Business Activation.	\$5,555			x			x
Full emotional support throughout the 4 Day event				x			x
1x LIVE Event or ONLINE LIVE IMMERSION deep breathwork process	\$111			x			x
3 x 1-1 sessions with a Practitioner Sovereignty expert	\$1,200			x			x
1 x Kinesiologist or an energy healer	\$180			x			x
How to create your Soul Tribe, set up your business for success, monetise your following and how to maintain it.	\$1,000			x			x
Recognised by the International Federation Of Hypnosis				x			x
Formula's on 'How To Run' small to large groups in any capacity with LIVE demonstrations & Interventions.	\$997			x			x
ALL Scripts & Manual to facilitate successful & transformative Coaching Session	\$1,000			x			x
ALL Business Templates a practitioner requires to set up & run a thriving practice at Master's Level	\$500			x			x
Certification in Family Freedom Protocol, Family Freedom Protocol Masters & Timeline Reset				x			x
Live group Practitioner & Business Mentoring on the 24th of each month from Emma Romano	\$6,000			x			x
Lifetime membership to the support group	\$1,997			x			x
Lifetime access to membership site	\$1,997			x			x
<b>Total</b>	<b>\$20,537</b>						
<b>Relationship Sovereignty</b>							
1 x 5 Day LIVE Event or ONLINE LIVE IMMERSION	\$8,888					x	x
Full emotional support throughout the 5 Day event						x	x
6x fortnight 1-1 coaching sessions with a Practitioner Sovereignty Certified Coach	\$3,200					x	x
3 x Kinesiology Sessions	\$540					x	x
Recognised by the International Federation Of Hypnosis						x	x
How to create a high paying signature program	\$3,333					x	x
Demonstrations & Interventions of all processes	\$997					x	x
Full Training Manual	\$500					x	x
Certification on Completion						x	x
Private message group with continuous support	\$1,997					x	x
Live group Practitioner & Business Mentoring on the 24th of each month from Emma Romano	\$6,000					x	x
Lifetime access to membership site	\$1,997					x	x
<b>Total</b>	<b>\$27,452</b>						
<b>Delete Reset</b>							
Pre-Recorded Trainings that you can learn in a weekend.	\$2,222				x		x
ALL Scripts & Manual required to facilitate a successful & transformative Coaching Session	\$997				x		x
ALL Business Templates a Practitioner requires to set up & run a thriving practice at Master's Level	\$500				x		x
Formula's on 'How To Run' small to large groups in any capacity for Habit & Addiction breaking with LIVE demonstrations & Interventions.	\$997				x		x
Recognised by the International Federation Of Hypnosis					x		x
Live group Practitioner & Business Mentoring on the 24th of each month from Emma Romano	\$6,000				x		x
Lifetime membership to the support group	\$1,997				x		x
Timeline Reset Full Program as bonus	\$13,778				x		x
Lifetime access to membership site	\$1,997						
<b>Total</b>	<b>\$28,488</b>						
<b>Total Value</b>		\$33,276	\$13,788	\$20,537	\$28,488	\$27,452	\$71,985
<b>Your Investment</b>		<b>\$4,444</b>	<b>\$1,297</b>	<b>\$5,555</b>	<b>\$3,333</b>	<b>\$8,888</b>	<b>\$20,000</b>
<b>Finance Starts From - Per Week</b>		\$30	\$34	\$50	\$50	\$51	\$90
<b>Total Savings</b>		\$28,832	\$12,491	\$14,982	\$25,155	\$18,564	\$51,985

# Emma Romano



**Creator & Trainer of;  
Family Freedom Protocol, Delete Reset,  
Timeline Reset & Relationship Sovereignty**

**Co-Creator & Facilitator of Dragon Breathwork**

**Master NLP Practitioner, Self-Healing Coach**

**Master Hypnotherapist, Energy Healer**

**Singer, Songwriter, 3 x Amazon Best-Selling Author**

**International World Class Speaker**

Drawing from a global tapestry of wisdom and experience, Emma stands out as an acclaimed self-healing coach, mentor, specialising in relationships and trailblazing trainer. Not just content with personal success, she's also an Amazon best-selling author of three influential books, a testament to her deep understanding and expertise in the field.

Radiating an infectious enthusiasm for elevating human consciousness, she's on a spirited mission: to amplify the vibrancy of humanity by nurturing healers into flourishing catalysts of change.

Blending the art and science of energy work, Emma introduces the world to the '5 dimension-method'—a groundbreaking approach that diverges from conventional paradigms. The potency of her unique modalities has resonated from coast to coast in Australia, echoed in international arenas, and fortified by her globally accepted programs. Through captivating talks and workshops, Emma's voice rings clear, championing peace, self-healing, kindness, and heralding her pioneering programs: The Family Freedom Protocol, Delete Reset, Timeline Reset and Relationship Sovereignty.

A maestro of metamorphosis, Emma delves deep to alleviate the shadowy spectres of depression, anxiety, PTSD, and self-limiting beliefs. Harnessing the synergetic might of Timeline Reset, Hypnotherapy, Energy Work, and Life Coaching, she pinpoints the heart of one's challenges, charting a course for profound self-renewal.

Emma's passion for transformation is deeply personal. Diagnosed with MS in 2014, she confronted a maelstrom of fatigue, fear, and despair. Faced with bleak forecasts, her indomitable spirit chose resilience. Embarking on a profound journey of discovery, Emma crystallised potent self-healing techniques, now shared generously with both clients and therapists.

With a resounding call to the global community, Emma emphasizes the transformative power of intertwining the conscious and unconscious realms. By weaving hypnotherapy, mindset shifts, energy work, and holistic lifestyle choices, she believes in kindling a life abundant in health and joy. After all, healing, Emma professes, is as much about the mind's architecture as it is about its essence.

Today, Emma's beacon burns brighter than ever. Empowering therapists with unparalleled tools, she envisions a world where healing is swift, profound, and imbued with grace. Join Emma on this journey; let's co-create a world humming with harmony and boundless potential.